LEARNING FROM LIFE

BECOMING A PSYCHOANALYST

PATRICK CASEMENT

"This book is full of psychoanalytic wisdom about how to be with a traumatised patient, how to think about a patient who does not attend, how to make trial identifications with patients to support and inform internal supervision, and much more. I recommend Learning from Life to anyone who values the link between the exploration of themselves and their work with patients and clients." - **Donald Campbell**, British Psychoanalytical Society

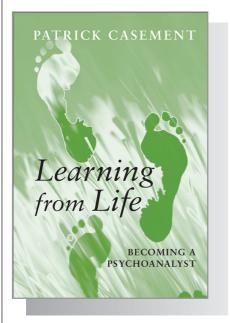
"Learning from Life has much to offer the social worker, counsellor, mental health nurse, indeed anyone who works with mental pain in a professional capacity. It is a beautifully accessible, brave and quietly iconoclastic work." - Andrew Cooper, Professor of Social Work at the Tavistock Clinic and the University of East London, UK

"As always, Casement's words resonate with the timbre of emotional truth. For therapists interested in improving their work, for students of personality and professional development, and for all of us who appreciate the inside story of how one wise human being attained his wisdom, this account of personal maturation as a psychotherapist will strike many responsive chords." - Nancy McWilliams, Graduate School of Applied and Professional Psychology, Rutgers University, USA

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Patrick Casement shares various incidents in his life to demonstrate how these helped lay a foundation for his subsequent understanding of psychoanalysis. These examples from his life and work are powerful and at times very moving, but always filled with hope and compassion.

This unique book gives a fascinating insight into fundamental questions concerning the acquisition of analytic wisdom and how personal experiences shape the analyst's approach to clinical work. It will be of great interest to all psychoanalysts and psychoanalytic psychotherapists.



Patrick Casement has been a psychoanalyst and therapist in full-time private practice for many years, having previously worked as a social worker. He is author of *On Learning from the Patient* and *Further Learning from the Patient*. His last book *Learning from Our Mistakes* received a Gradiva award for its contribution to psychoanalysis.

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